

T A B T I M E[®]



Vibrating Alarm Watch

Instructions

- EN** Scan the QR code for video instructions
- DE** Für Videoanleitung QR Code scannen
- IT** Scansionare il QR code per istruzioni video
- ES** Escanear el código QR para ver las instrucciones en vídeo
- FR** Scannez le code QR pour les instructions vidéo

EN

Thank you for purchasing your TabTime vibrating alarm watch. You can set up to 10 silent vibrating alarms which provide discrete reminders to help adults or children to remember to do something. To set the watch up please follow the steps below which will set the correct time, choose the number of alarms you want and change the times of those alarms. Please read the instructions through before setting the time or activating the alarms as the display will turn itself off after 10 seconds to conserve battery.

Set the time:

1. Press and release the **right** button to display the current time.
2. With the time showing, now hold down the **right** button for 3 seconds.
3. The hours will appear alone on the left hand side.
4. Press the **left** button to decrease the hours and the **right** to increase the hours.
5. When the hours are correct, hold down the **right** button for 3 seconds.
6. The minutes will appear alone on the right-hand side.

7. Press the **left** button to decrease the minutes and the **right** to increase the minutes.
8. When the minutes are correct, hold down the **right** button for 3 seconds. The screen will now display 24--
9. If you prefer the 24 hour clock just hold down the **right** button for 3 seconds to set the time.
10. If you prefer the 12 hour clock, press the **right** button to display 12-- and then hold down the **right** button for 3 seconds to set the time.

Activating the alarms:

There are 10 alarms, A0 to A9. A0 vibrates for 40 seconds and all other alarms vibrate for 20 seconds. Each of these alarms is initially set to the following times:

A0	08:00	A5	15:30
A1	09:30	A6	17:00
A2	11:00	A7	18:30
A3	12:30	A8	20:00
A4	14:00	A9	21:30

1. Use the **left** button to cycle through the alarms, initially you will see that all the alarm are defaulted to be off. This is shown as A0OF, A1OF, A2OF etc.
2. As you are cycling through the alarms, press the **right** button to turn on an alarm.
3. Then press the **left** button again and you will see the time that the alarm is currently set for.

Changing the times of the alarms:

Once you have chosen the alarms you need, you now need to adjust the alarm times.

1. Use the **left** button to cycle through the alarms. Any alarms which are set as on e.g. A1ON will display the current alarm time.
2. When the alarm time is showing, hold down the **left** button for 3 seconds.
3. The hours will appear alone on the left-hand side.
4. Press the **left** button to decrease the hours and the **right** to increase the hours.
5. When the hours are correct, hold down the **left** button for 3 seconds.

6. The minutes will appear alone on the right-hand side.
7. Press the **left** button to decrease the minutes and the **right** to increase the minutes.
8. When the minutes are correct, hold down the **left** button for 3 seconds and the alarm will now be set.

Continue to change the times of the other alarms that you require.

Battery:

To display the current battery level, press the **right** button twice.

To recharge the battery, remove the watch from the rubber case and charge the watch using the USB cable. The battery recharges in approximately an hour. When replacing the watch in the rubber casing ensure that the watch buttons are correctly positioned under the rubber buttons.

Battery life will depend on the number of alarms set. At 20% or less the display will show _ _ 00 after you view the time as a reminder to charge. To preserve the life of the battery don't recharge every day.

Troubleshooting Guide

The watch screen turns off after a few seconds – is it broken? No – this is normal behaviour. The display switches off automatically after around 10 seconds to conserve battery life. Press the right-hand button once to wake the screen again.

I've set the time, but the alarms don't go off – what should I do? Each alarm (A0–A9) must be switched on manually. When scrolling through the alarms, "A0OF" means it's off. Press the right-hand button to turn it on – you'll see "A0ON" once it's active.

The watch isn't turning on or charging – what can I do? Charge the watch for at least 30 minutes, ensuring the USB cable is firmly connected to both the watch and a working power source. If the issue continues, please contact us via www.tabtime.com/contact. We'll be happy to help and resolve the issue quickly.

The display looks faulty – one or more digits are missing, faint, or not lighting. This is not normal behaviour and may indicate a display fault.

Please contact us via www.tabtime.com/contact for a quick replacement or support.

The battery still says it's at 100 after a week. Battery life depends on how many alarms are set and how long they run for. If you use fewer alarms, the battery may stay at 100% for quite some time – this is normal. Just keep an eye on the battery indicator periodically by pressing the right-hand button twice.

Disclaimer:

The product is not waterproof, do not wear in the shower/ bath or when swimming and take care when washing your hands. This product must be regarded as purely an aid to memory and Tabtime Ltd or their agents cannot be held responsible if you forget to take your medication, take the wrong medication, take the wrong medication at the wrong time or any combination of these events.

To register your TabTime vibrating alarm watch for a free 12 month warranty please visit:
www.tabtime.com/register

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